



Bedside Dining Services

Frequently Asked Questions Mayo Clinic Health System

WHEN IS THE KITCHEN OPEN?

Each location's kitchen hours, meal availability, and contact information are included on the Bedside Service menu located in your room. If you are unable to locate a menu, please ask your nurse to provide one.

HOW CAN I CHECK NUTRIENTS OF MENU ITEMS PRIOR TO PLACING AN ORDER?

Use a mobile phone, tablet, or laptop to scan the QR code located on the back of the printed Bedside Service menu. Search the guide for the food items you are interested in. Dining Services can also provide the information to you over the phone.

IS THERE A CHARGE FOR MEALS?

There is no charge to inpatients for meals, snacks, or beverages received from Dining Services.

HOW DO I PLACE A MEAL ORDER?

A Dining Services associate will assist with a selection of meal offerings aligned with the diet order assigned by your care team. They can answer any questions regarding options and will ensure beverages and condiments are selected with your order.

WHAT IS INCLUDED WITH MY MEAL?

- 1 entree
- 2 sides
- 1 fruit/dessert
- 2 beverages
- Condiments of your choice

MAY MY GUESTS ORDER MEALS?

When placing your order, kindly state that you would like a meal(s) for your guest(s). Dining Services will take the order(s) and coordinate payment with your guests(s) of \$8.00 per meal.

WHEN WILL MY MEAL BE DELIVERED?

Meal delivery times are listed on the front page of the Bedside Service menu.

HOW CAN I VIEW NUTRITION FACTS OF ITEMS ON MY TRAY?

Use a mobile phone, tablet, or laptop to scan the QR code located on tray ticket included with your meal.

WHO DO I CALL IF THERE IS AN ERROR OR OMISSION WITH MY MEAL?

Call Dining Services using the contact information included on the Bedside Service menu. If you are unable to locate a menu, please ask your nurse for assistance.