



## A Patient's Guide to eConsults at Mayo Clinic Health System

### What is an eConsult?

An eConsult is an electronic consultation between two health care providers. Your Mayo Clinic Health System provider may use an eConsult to seek a Mayo specialist's opinion concerning your care.

### Why do I need a specialty consult?

Your health care provider has a question about your care that is best answered by a specialist. It might be a question about medication interactions or the importance of abnormal test results. These types of questions require a specialist to set aside time to review your records to provide personalized and relevant answers. But they do not require you to come in for a face-to-face visit.

### How can the specialist provide an opinion without examining me?

The information in your medical record, results from lab tests and diagnostic scans provide detailed information. When your health care provider requests an eConsult, he or she is asking a specialist to review the relevant information in your record to answer a question or make a recommendation about your care. The specialist will request an appointment with you if it's necessary to provide the best evaluation.

### What are the advantages of an eConsult?

It is more convenient for you. You do not need to come in for an appointment, saving you the time and expense of traveling to Mayo Clinic. An eConsult is designed to give your health care provider results more quickly than scheduling you for a speciality visit. In many cases, results are available in less than a week. Results are documented in your medical record and can be shared with other health care providers.

### How do I get my results?

Your health care provider will discuss with you the results of your eConsult and the specialist's opinion.

### What do I need to do?

Nothing. Your health care provider will coordinate with a specialist on your behalf.

### What is the cost?

There is a \$50 charge, which may or may not be covered by your insurance plan. The charge will be reflected in your monthly billing statement as an eConsult.

### What if I have questions?

Your health care provider is happy to answer your questions.